Soil Your Undies Challenge

A Pennsylvania Campaign to Raise Public Interest in Soil Health

Healthy soil contains billions of microscopic organisms. Just one teaspoon of healthy soil contains more microbes than there are people on the planet! Soil microbes are constantly feeding on organic matter, like cotton underwear. So the more your undies break down, the healthier your soil is!

How Healthy is Your Soil? Take the Challenge to Find Out!

Wherever your soil is located, the quick and dirty way to test your soil health is by “planting” a pair of new, cotton underwear in the site you’re curious about. Follow these quick and easy steps and take the challenge!

1. Sign up now at: www.pasoilhealth.org/soilyourundies! You’ll receive tips, reminders, and a special discount code for a free pair of cotton underwear.

2. Choose the site you’re curious about and plant a pair of new, 100% cotton underwear by laying it flat in a hole about 3 inches deep, and covering with soil. Don’t forget to mark the spot you planted!

3. Wait at least 60 days. This gives your soil microbes time to do their magic! Then gently unearth them.

4. Share your results by sending us a photo of your “harvest” and a little info, about your operation to www.pasoilhealth.org/soilyourundies
Fill out the info card below and snap a picture along with your unearthed undies. Submit photos at www.soilhealth.org/soilyourundies

Name: ____________________________
Farm Name: ____________________________
Town and County: ____________________________
Undie Planting Date: __________________ Undie Harvest Date: __________________

Land Management:
(example: no-tilled cropland for 12 years / pasture for 8 years/home garden)

Amount of rain during challenge:

Describe your results and thoughts on what you found:

*Submit a photo of your soiled undies and a photo of this completed sheet at www.soilhealth.org/soilyourundies

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